



G R O U N D S F O R S C U L P T U R E

Wellness Symposium Presenter Bios

Faith Saunders has been honored and privileged to build a career doing what she loves—empowering individuals and organizations to thrive. Her work spans the for-profit, nonprofit, and government sectors, and the common thread throughout has been the opportunity to connect with people from all walks of life. With each interaction, she strives not only to contribute to the betterment of others but also to grow personally through the process. Faith has been a trainer for more than 20 years. She began her career at the University of Medicine and Dentistry of New Jersey (UMDNJ), now Rutgers University, where she served for over twelve years in several leadership roles. During this time, she earned her Master's Degree in Psychiatric Rehabilitation and later became an adjunct professor at the School of Health Related Professionals. There, she taught vocational rehabilitation courses to undergraduate students, a role she held for many years. Faith left Rutgers University to establish and develop the New Jersey State–funded Career Connection Employment Resource Institute (CCERI). As CCERI's director for fourteen years, she provided training and technical assistance on leadership and employment-related topics to more than 300 organizations across ten New Jersey counties. Additionally, she led a federal initiative for Somerset County, identifying key workforce development challenges and offering strategic recommendations to address them.

Lindsey Jonin is an artist born and raised in NJ. She owns her own practice as a licensed professional counselor and licensed and board-certified art therapist, conducting clinical sessions to assist clients individually through art and talk therapy. Outside of the clinical setting, she created Abstract and Aligned, which focuses on art workshops and classes, focusing on wellness, connection, and self-expression. Lindsey continues to advocate for the arts and share about the therapeutic and healing benefits that art offers; the power of self-care and for carving out creative time for self-expression. Much of Lindsey's art is based around self-expression and abstract design. Lindsey loves to provide a space for creators to come together and immerse themselves in visual expression.

Cleandre Ross, Behavioral Therapist, discovered his passion for movement long before he understood the concept of love. As a child, he was constantly running, dancing, and exploring physical activity—an early fascination that eventually led him to study Kinesiology at Indiana University–Bloomington, where he developed a strong foundation in human movement and physical wellness. After five years working as a cardio kickboxing trainer, Cleandre recognized that physical fitness represented only one dimension of overall well-being. His growing interest in the mental and emotional aspects of health inspired him to pursue graduate studies in clinical psychology. He is now completing his master's degree, expanding his expertise in mind–body connection and therapeutic support. As a Behavioral Therapist, Cleandre is committed to helping individuals cultivate balanced, meaningful lives. He is currently developing The Cool Head Collective, a therapeutic practice grounded in nature, community, creativity, and movement. This practice embraces nature as a co-facilitator in the healing process, offering clients opportunities to learn, grow, and restore well-being through thoughtful, holistic experiences.



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Jasmine Sethi is the CEO of Sethi Clarity Advisors, she helps financial companies thrive in highly regulated markets. She works with financial industry clients to improve efficiency in compliance using AI, identify opportunities in regulated sectors (such as retirement plan access), and align business strategies with evolving government and philanthropic policy goals. Since founding Sethi Clarity Advisors in 2018, Jasmin has advised on regulatory issues in the asset management space, product design, regulatory interpretation, compliance automation via AI, and investor education. She is deeply committed to developing initiatives that empower small businesses and individuals to be financially secure.

Amanda Crooke is the herbalist and owner of Locust Light Farm in NJ. She's worked with herbs as a farmer, a medicine-maker, herbalist, and magic-maker for 8-years. Amanda is the "Herbal Pharmacy" teacher at David Winston's Herbalist Training Program and has a private clinical practice.