SOUP & SALADS

ROASTED TOMATO SOUP $6 GF
basil, parmesan

ROASTED BEET & GOAT CHEESE SALAD $9 GF
mesclun, basil, orange vinaigrette, crouton

HEALTH “NUT” SALAD* $11 V
quinoa, farro, baby kale, mixed greens, avocado, almonds, sunflower seeds, lemon vinaigrette

MEXICAN CHOPPED SALAD $9 GF V
romaine, roasted corn, marinated black beans, avocado, sweet pepper, onion, crispy tortilla, lime dressing

ADD PROTEIN TO YOUR SALAD
grilled shrimp $5 | grilled chicken $4
bbq tofu $3

SANDWICHES

all sandwiches served with house potato chips

CHICKEN SALAD SANDWICH* $11
poached chicken breast, celery, lettuce, tomato, lemon-dill dressing, 7 grain bread

GRILLED VEGETABLE SANDWICH* $10
fresh mozzarella, pesto, ciabatta

DOUBLE GRILLED CHEESE* $10
gruyere, cheddar, tomato, brioche

FRENCH DIP* $13
roasted sirloin, melted gruyere, baguette, au jus

SHAREABLES

GUACAMOLE $8 V
cilantro, lime, onion, jalapeno, house tortilla chips

PICO de GALLO $5 V
tomato, onion, cilantro, lime, house tortilla chips

FALAFEL PLATTER $12 V
tahini hummus, cucumber, tomato & red onion, grilled pita, pickled vegetables

CAPRESE FLATBREAD $9 add pepperoni $2
tomato, mozzarella, basil, olive oil

JUST FOR KIDS

GRILLED CHEESE*

CHICKEN FINGERS

HOT DOG

KID’S CHEESEBURGER*
$7 each
served with choice of fruit or fries and bottled water, milk, or juice box

GRILL FAVORITES

CAFÉ BURGER* $13 add bacon $3
4oz house blend patty, pepper jack, lettuce, tomato, caramelized onion jam, brioche bun, french fries

CHIPOTLE BLACK BEAN BURGER* $13 V
guacamole, pickled cabbage, potato roll, french fries

CRISPY FISH TACOS (2) for $11
pico de gallo, sour cream, lime marinated cabbage, flour tortilla

CHICKEN FINGERS & FRIES $11

SIDES

SWEET POTATO FRIES $4 GF V

FRENCH FRIES $4 GF V

HOUSE SALAD $3 GF V

★ can be prepared gluten-free
GF gluten free  V vegan